

# The Good Knight

*"In Service to One,  
In Service to All"*



Issue 6 July/August 2023

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**Greetings!** Summer has officially arrived, and we embrace long days, warm nights, travel adventures, relaxation, and all that the great outdoors offers. During these next two months, we also celebrate some of our favorite saints including Thomas and Benedict, Anne and Joachim, Mary Magdalene and Monica, Augustine and Dominic. Our faith does not take a summer break. There are many reasons for us to praise and thank God for His abundant blessings. Even during the summer, we need the spiritual nourishment offered in the Eucharist and in God's Word. There is great joy in gathering as a faith community. Let us take every opportunity to attend Mass over the summer months, whether it be at St. Vital Church or wherever we find ourselves on our travels.

Thank you for reading *The Good Knight*.

Louis Kloster, Editor and Current Grand Knight

## Have You Heard This One?

Three priests – a Franciscan, a Jesuit, and an Oblate – were having a particularly tough time on the golf course. The three golfers ahead of them were agonizingly slow and the worst they had ever seen. To add insult to injury, these golfers did not keep golf etiquette and let the priests play through. By the 18<sup>th</sup> hole, the priests were totally infuriated. When they reached the clubhouse they were going to give these three duffers a piece of their mind. Then someone told them that the three golfers were blind.

The Franciscan, full of remorse, said he would say masses for a month and pray for their healing. The Jesuit, equally filled with guilt, said he was going to use his connections to find the blind men the best eye surgeon available. The Oblate looked at the other two and said, "I just don't understand why they can't play at night."

## Important Dates

### July 2023

- 1 Canada Day
- 3 Feast of St. Thomas
- 11 Feast of St. Benedict
- 22 Feast of St. Mary Magdalene
- 25 Feast of St. James



### August 2023

- 4 Feast of St. John Vianney
- 8 Feast of St. Dominic
- 15 Feast of the Assumption of the Blessed Virgin Mary
- 28 Feast of St. Augustine

## Knight of the Month

Each month, our council recognizes an individual Knight who, in remarkable ways, has contributed to the council and the parish. In June we recognized Bro. Pierre Vermette. Bro. Pierre is an active Knight and takes part in a multitude of council activities. He helps to collect garbage in our annual ditch clean-up and regularly cuts the grass in the cemetery. You can count on Pierre to be a judge at the finish line at our soapbox derby, help lead us in prayer at a Pilgrim Icon Prayer



Service, or sell grocery gift cards at the 9 a.m. Sunday mass. Most recently, he was prepared to be part of the exemplification team on June 17, helping to initiate new Knights into the Order. We are grateful to Bro. Pierre for his volunteer spirit, good and gentle nature, and loving service.

# The Good Knight

## RECENT ACTIVITIES

### Family Dance



A family dance took place in the parish hall on Saturday, June 24, following the 5 p.m. Mass. Almost 100 people attended the event. Before the night was out, some youth approached Fr. Les asking for another family dance. Many thanks to Bro. Gerard McLarney, Family Life chairperson, who organized the dance. Gerard extends a big

thank you to the parishioners who helped with the sound, lighting, setup and clean-up. We are hoping to put the \$245 raised towards a Parish picnic.

### Exemplification of New Knights

On Saturday, June 17, our Council hosted an exemplification ceremony, at which Knights are initiated into the Order. Three degrees were conferred in the one ceremony, each of them addressing one of our key principles: Charity, Unity, and Fraternity. A strong exemplification team was formed for this occasion: Grand Knight Louis Kloster (Presiding Officer), Chaplain Fr. Les Drewicki, Deputy Grand Knight Gabriel deRuiter (Charity), Chancellor Chris Oster (Unity), and Trustee John deRuiter (Fraternity). Bro. Gary Fisher and Trustee Sid Eriavaz served as Investing Officers. Many thanks to these individuals for their time and for the professional and orderly manner in which they conducted the exemplification.



We welcomed three candidates into our council (indicated with an \*), while three brother Knights, who already had their first degree, received their 2<sup>nd</sup> and 3<sup>rd</sup> degrees. From left to right: Andrew Chatelaine\*, Jean-Pierre Lefebvre, Gerard McLarney, Simon Morris\*, Tim Morris, and Jacob McLarney\*

### Installation of Officers

On Thursday, June 29, the Feast of Sts. Peter and Paul, the newly elected executive was installed at a special ceremony following a 7 p.m. mass. District Deputy Florent Duguay orchestrated the election of officers.

### Kevin Kerrigan Memorial Scholarship

This scholarship, sponsored by the Beaumont Knights of Columbus #13064, is open to high school students who attend St. Vital Church and are graduating in 2023, as well as to members of the parish that are attending post-secondary



schooling at any level. The scholarship has a value of \$500.00 and is awarded on the basis of all-round achievement in the areas of academics, athletics, the arts, school, community and church involvement. This year's recipient is Veronika Urda. We wish her all the best as she pursues a Bachelor of Arts in Catholic Studies at Newman Theological College in Edmonton. Congratulations, Veronika!

### Family of the Month

In June we honored Tim and Renee Morris as our family of the month. Both Tim and Renee (nee Bilodeau) have been part of St. Vital Parish for all their lives.

For several years, Renee led the children's choir at the 11 a.m. mass. When the two were only in their late teens, they expressed a desire to start a youth group in the parish. For the last eight years, they have been committed co-leaders of The Rock. At the beginning of June, they organized a year-end retreat for the young people. Tim and Renee are a remarkably faithful example for others, especially the youth in our parish. They know their faith, grow their faith, and share their faith. Tim is a Knight of Columbus and is becoming more and more involved in council activities.



### Wedding Anniversaries in July/August

- July 17 Tuyen & Kathleen Nguyen
- July 22 Dennis & Adelle Madu
- July 28 Gerard & Tracy McLarney
- July 29 Colin & Michelle Molinski
- August 3 Pierre & Jolanta Vermette
- August 4 Serge & Theresa Larocque
- August 4 Bryan & Heather Oulton
- August 5 Larry & Elaine Rowan
- August 6 Chris & Melanie Oster
- August 14 Steven & Jennifer Nordhagen
- August 14 Tim & Renee Morris
- August 20 Glen & Diane Babichuk
- August 21 Gerry & Rose Goudreau
- August 21 Florent & Hélène Duguay (District Deputy)

May they be blessed with many more years of enduring love and happiness.

# The Good Knight

## Liturgical Matters

**At Mass, why do we sit down during the first reading, the psalm, and the second reading but stand during the Gospel?**

We sit during the first and second readings to show that we are ready to listen with an open heart and with attention. We receive God's word with our ears and eyes by listening to and looking at the reader, also known as the proclaimer or lector.

The Gospel reading is the high point of the Liturgy of the Word, because we believe that Jesus himself is talking to us. So important is the Gospel that only a priest or deacon can proclaim the Gospel at mass. There are four Gospels -- four accounts of the life and words of Jesus. These gospels were written by Matthew, Mark, Luke, and John.

The Gospel is Jesus himself proclaiming the Good News. It usually teaches us about the miracles and actions that Jesus performed on earth two thousand years ago. In these stories, Jesus sets the example for us to follow. Because of its importance and the fact that the message comes from Jesus, we stand for the Gospel reading and announce the reading of the Gospel with a gospel acclamation that is sung. The word, "Alleluia", which is part of the acclamation throughout the year, except during Lent, is a Hebrew word that means "Praise God".

## Word of the Month

### *ritual*

The word 'ritual' stems from the Latin word, *ritualis*, and refers to an activity that is regularly repeated and completed in a prescribed and established manner. Rituals involve gestures, words, and symbols and are typically part of a ceremony or, in a religious context, a *rite*. There is, for example, a Rite of Baptism, as there is for every sacrament of the Church.

The celebration of the Mass is highly ritualized. The priest follows a specific order, all prescribed within a large prayer book known as the Roman Missal. This book is used in Catholic churches universally and contains all the prayers that are read during the Mass. Many of these prayers, such as the opening prayer or *collect*, are written for a specific day in the liturgical year. However, the Roman Missal provides a variety of Eucharistic prayers, and the priest can choose the one he prefers or wishes to use on a particular day. Regardless of where you attend mass in the world, the same rituals and rites are followed. However, there may be some nuances, depending on the culture.

Until we understand the significance and meaning behind these rituals, we might find the mass to be boring or repetitive. With catechesis, one's understanding increases, and many people find the mass to be a rich faith experience. The rituals provide structure and predictability to our religious ceremonies and, as we come to know these rituals, they encourage participation from all present.

**HE SHOULD FIRST SHOW THEM IN DEEDS RATHER THAN WORDS ALL THAT IS GOOD AND HOLY.**

St. Benedict

## Birthdays in July/August

We send our greetings to the following Knights who are celebrating birthdays this summer:

- July 5 Roland Charest
- July 6 Shaun Berube
- July 7 Paul Banic
- July 7 Earl Greenhough
- July 7 Lionel Vincent
- July 9 Thomas Berube
- July 9 Daniel Hessdorfer
- July 11 Steve Nordhagen
- July 13 Raoul Goudreau
- July 14 Eric Hinse
- July 18 Darcy Kirtzinger
- July 26 Michael Abbass
- July 26 Roger Leblanc
- August 1 Gary Fisher
- August 2 Joe Tinant
- August 4 John deRuiter
- August 4 Darryl Rubis
- August 9 John Hendriks
- August 12 Julien Plamondon
- August 14 Jean Boucher
- August 22 Vincent Maltais
- August 24 Maurice Biron
- August 27 Roger Magnin
- August 29 Jim Fleming
- August 29 Joe Lauer



## Church Sign:

UNDER SAME MANAGEMENT  
FOR OVER 2000 YEARS.

## The Good of the Order

Every month the Knights pray for the sick in the parish as well as relatives and friends who are in need of God's help. We call this the Good of the Order. This month we are remembering the following in our prayers. Please pray for them as well.

- Guilbert Bérubé Tumor in Eye
- Jan Bérubé Heart Issues
- Wilbur Collin Upcoming heart surgery
- Cheryl Fisher Recovery from surgery
- Ken Galm Deceased
- Denis Hinse Ill
- Everett Hoffarth Ill
- Bonnie Fleming Stroke; broken hip
- Wayne Larocque Deceased
- Weston Lauer Ill
- Raymond Mahe Health issues/Broken Femur
- Ron Morris Health issues
- Bryan Oulton Ill
- Albertine Porter Cancer
- Roberta Smith Brain Tumor
- Jean Marc Vermette Cancer
- Pierre Vermette Recovery from Heart Issues

# The Good Knight

## Saint of the Month: St. Benedict



St. Benedict was born in the town of Nursia in Italy around 480 A.D. The son of a Roman noble, Benedict grew up and received all his schooling in Rome. As a young adult, however, he renounced his father's wealth and the respect and privileges he would have as a Roman noble, to dedicate his life to the service of God.

Dismayed by the pursuit of wealth, the thirst for power, and the rampant immorality that characterized Roman society at the time, Benedict fled Rome. In the countryside the young man sought a simple lifestyle that allowed him to seek truth and live by the work of his own hands. Soon after, Benedict was befriended by a monk named Romanus, who provided him with a religious habit, food, and guidance. Benedict became a hermit, living alone in a cave and becoming a man of God.

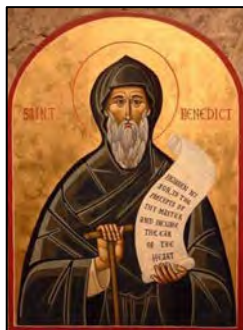
After living for three years in solitude and prayer, Benedict was invited to become the abbot of a nearby monastery. Many people had come to recognize his holiness and wished to follow his way of life. In the years that followed, Benedict established twelve monasteries in the area and a permanent monastic site at Monte Cassino. (The original monastery was destroyed by bombs in 1944 but was rebuilt after the war. It remains an active monastery today.) Benedict served as the abbot of all, providing guidance and establishing a set of rules that governed the domestic life of the monks. The Benedictine Rule was originally written not for priests, but for laymen living, working, praying, and eating in community. Benedict, known for his strictness, emphasized liturgical prayer, study, manual labor and living together in community under the direction of an abbot. While the Benedictines became recognized as a religious order, members of these communities were said to enter a *household*. Rather than vowing to a life of poverty, the monks adopted a simple lifestyle, sharing with the poor.

In the Rule of St. Benedict, the reading of Scripture was critical. He promoted the sacred reading of Scripture for up to six hours a day. Using a *Lectio Divina* format, the monks were to read the Scripture several times and then memorize, study, and meditate upon it. Benedict understood work to be necessary for one's growth in goodness and essential for any Christian. A Benedictine motto was established: "Ora et Labora", that is, "Pray and Work".

Benedict died in 543 A.D. As a point of interest, Benedict's twin sister was St. Scholastica, with whom he had a close friendship. They were buried together.

The Rule of St. Benedict has been used for 1500 years and has influenced many other religious orders. For this reason, Benedict is sometimes known as the founder or *father* of Western monasticism. The Benedictines are the oldest order of monks, and perhaps the largest religious community today. Westminster Abbey is a monastery in Mission, B.C. that operates a seminary for high school and post-secondary students who are interested in the Benedictine way of life.

St. Benedict is the patron saint of Europe, cave explorers, and schoolchildren. We celebrate his feast day on July 11.



## Testing Your Knowledge: Saint Paul

We often read the letters of St. Paul in the Second Reading at weekend masses. What do you know about him? Answers are at the bottom of the page.

- \_\_\_\_\_ 1. For a living, St. Paul was a:
  - a. writer
  - b. tentmaker
  - c. shepherd
  - d. tax collector
- \_\_\_\_\_ 2. St. Paul is the patron saint and protector of:
  - a. travellers
  - b. prisoners
  - c. evangelists/authors
  - d. housebuilders
- \_\_\_\_\_ 3. How many missionary journeys did Paul make?
  - a. 1
  - b. 2
  - c. 3
  - d. 4
- \_\_\_\_\_ 4. Paul was:
  - a. a Pharisee
  - b. Greek-speaking
  - c. a devout Jew
  - d. all of the above
- \_\_\_\_\_ 5. A missionary who accompanied Paul:
  - a. Timothy
  - b. Peter
  - c. Bartholomew
  - d. James
- \_\_\_\_\_ 6. It is believed Paul was martyred by:
  - a. crucifixion
  - b. stoning
  - c. beheading
  - d. drowning
- \_\_\_\_\_ 7. Paul's conversion took place on the road to:
  - a. Damascus
  - b. Rome
  - c. Jerusalem
  - d. Nazareth
- \_\_\_\_\_ 8. St. Paul's first letter, believed to be the earliest biblical writing was:
  - a. Galatians
  - b. 1 Thessalonians
  - c. 1 Corinthians
  - d. Philipians
- \_\_\_\_\_ 9. The Feast of Saints Peter and Paul is:
  - a. June 24
  - b. December 6
  - c. August 14
  - d. June 29
- \_\_\_\_\_ 10. Paul was his Roman name. What was Paul's Hebrew name?
  - a. Samuel
  - b. Saul
  - c. Bartholomew
  - d. Solomon

## Chuckles & Children

A little boy opened the big family bible. As he fingered through the old pages, something fell out of the Bible. He picked up the object and looked at it. What he saw was an old leaf that had been pressed in between the pages. He cried, "Mama, look what I found," "What have you got there?" asked the mother. With astonishment, he answered, "I think it's Adam's underwear."



## Answers to Quiz: St. Paul

- |        |        |        |        |         |
|--------|--------|--------|--------|---------|
| 1. (b) | 2. (c) | 3. (c) | 4. (d) | 5. (a)  |
| 6. (c) | 7. (a) | 8. (b) | 9. (d) | 10. (b) |