**January 30, 2022**

[Sidebar Title]

**FOURTH Sunday in Ordinary Time**

**Sign-up schedule for proclaimers for the month of February weekends is at the back of the church. Please sign up for a mass you will be attending.**

**Weekday masses**

**Weekday masses – (Tuesday- Friday) February 1st-4th @ 9:00 a.m.**

**No weekday Masses February 8th-11th**

**Weekend Mass Times**

Saturday 5:00 p.m. (English) Sunday 9:00 a.m. (bilingual) 11:00 a.m. (English)

Reconciliation – Saturday 4:15 p.m. – 4:45 p.m.

**ADORATION on Friday, February 4th (9:30 a.m.-9:15 p.m.)**

**No adoration on February 11th**

Mass Intentions

Saturday, January 29th – **†**Andre Magnan

Sunday, January 30th (9:00 a.m.)-**†** Eleanor Magnan

Tuesday, February 1st – **†**Keith Nelson

Saturday, February 5th –**SI** Madeleine Berube

Sunday, February 6th (9:00 a.m.)-**†** Eleanor Magnan

Saturday, February 12th (9:00 a.m.)-**†** Eleanor Magnan

**† = Repose of the Soul** **SI = Special Intention**

**Happy Birthday Fr. Arlan (**January 30th)

**NOTICE TO PARISHIONERS**

Please bring last year’s palms by February 27 and leave them in the designated basket. They will be burned in preparation for Ash Wednesday on March 2. Thank you

**K of C Food Drive**
The Knights of Columbus will hold its monthly food drive in support of the Leduc Food Bank the weekend of **January 29, 30.**  Please drop your donation in the bin in the Church vestibule.

Thanks to all the Parishioners who have been supporting this effort over the months.  The needy of Leduc County thank you as well.

**Baptism Preparation Course**

Are you expecting a child in the near future? Consider taking Baptism Preparation now while you are waiting for the birth of your son or daughter. **The classes are for parents and sponsors (godparents).** Attending now eliminates the need to find baby-sitters, rearrange feeding schedules etc. plus it adds to the joyful anticipation of your new arrival. Parents wishing to register for the **next courses** which will be held on **Monday,** **March 14th at 7:00 pm** please call the parish office**.**

The church will be open every ***Wednesday evening from 8 - 9 PM*** for anyone to come spend an hour in prayer, the Blessed Sacrament is not exposed during this time. The evening opens with a ***group rosary***, followed by ***private prayer*** for the remainder of the time. A wonderful opportunity to pray in unison, with a special focus on all marriages, all children and all families. All are welcome!

**Check out our website and check it regularly!**[**www.saintvitalparish.com**](http://www.saintvitalparish.com/)

Our Lady of the Hill Knights of Columbus will be selling Sobey and No Frills gift cards after all masses on the weekend.

**IMPORTANT: 2021 Income Tax Receipts have been mailed.**

**Are you registered at St. Vital’s?**

Being a registered member of the parish makes it much easier for us to help you, we are better equipped to serve you & respond to your needs. Please do not assume that you are automatically registered if your child has completed Sacramental Preparation here. To register please fill out a registration available on our website.

**Help keep our Parish database up to date! Let us know if:**

-you moved or you are planning a move

-you cancelled your landline phone and have a cell phone

-you changed your email

-you have a new addition to your family

Are you looking for your faith to come alive or to enkindle a new fire in your spiritual life? Join the Catholic Renewal Services on February 18, 19 & 20, each evening from 7:00 pm by Zoom for our conference, ‘Elijah Restoration’. John Connelly, a Catholic evangelist, will be our speaker and Shophar, our music ministry. Registration is $25 and for more information see: [www.ccredmonton.info/events](http://www.ccredmonton.info/events). Set this time aside and be prepared to be blessed in your relationship with the Lord.

**Stewardship Corner 4th Sunday in Ordinary Time Weekend of January 29/30, 2022**

In today’s second reading we find one of the most beautiful and familiar passages in the Bible; a recitation of fifteen characteristics of Christian love typically read at weddings and anniversary celebrations. Of course, this was not what Saint Paul had in mind when he was chastising the Christian community at Corinth for its lack of love. He admonished the members of the community to exercise better stewardship of Christian love. The practice of patience, humility, joy, truth, peace, affirmation, and hope are ways good stewards put love into action. Might there be one or two of these attributes we can work on in order to grow in our love for God and others?

**Attention Parishioners**

On Sept. 15, the Alberta government declared a local state of public health emergency. COVID cases and hospitalizations are increasing, putting extreme pressure on the health system. The Alberta government has mandated new, temporary measures to curb the spread of COVID. Therefore, the following measures are to be implemented as of this date unless stated otherwise. Here is what’s new. New measures have also been highlighted. What’s new?

• **Masks are mandatory**

• Capacity is limited to one-third fire code occupancy

 • Attendance at baptisms is allowed for up to 50 people or 50 per cent of fire code occupancy, whichever is less.

• No social gatherings are permitted in parish halls and facilities.

• Each parish will implement previous protocols to determine attendance (At the present time St. Vital will use first come, first served)

• The dispensation from the obligation to attend Sunday Mass continues for dioceses in the Province of Alberta.

The rules we enforce come from our Archbishop and we should be obedient to our Archbishop. Masks are required by everyone, with the exception of children under 2 and people who are unable to place, use or remove a face covering without assistance.

**Livestreamed Sunday Mass**

We invite the faithful to join celebrations of the Mass ‘virtually,’ via video livestreaming from St. Joseph’s Basilica with Archbishop Smith. Sunday Mass at the Basilica is livestreamed at 10:30 a.m. each week.

Find it on: YouTube at: youtube.com/channel/UCtU5UvOSyT2ZK5PivdhojSw, or on Facebook at: facebook.com/yegbasilica/live, or on Telus Optik TV: Channel 877

**An Act of Spiritual Communion**

My Jesus, I believe that you are truly present in the Holy Eucharist.

 I love you above all things, and I desire to receive you into my soul.

Since I cannot at this moment receive you sacramentally,

come at least spiritually into my heart.

I embrace you as if you were already there and unite myself wholly to you.

Never permit me to be separated from you. Amen.

St. Alphonsus Liguori (A.D. 1696-1787)

**Star of the North Retreat Centre,** [**www.starofthenorth.ca**](http://www.starofthenorth.ca)**, 780-459-5511**

**LIVING IN THE WORD**

Now that God's Word has become a human being in Jesus Christ, we listen with particular attention to the words spoken by the Saviour Himself. Indeed, Jesus Himself affirmed the centrality of hearing and practicing His Word for all disciples. In St. Luke we read: "Then His mother and His brothers came to Him, but they could not reach Him because of the crowd. And He was told, ‘Your mother and your brothers are standing outside, wanting to see you’, but He said to them, ‘My mother and my brothers are those who hear the Word of God and do it." (Luke 8:19-21). Archbishop Smith, Pastoral Letter, September 14, 2017

 ***Climate Hope Speaker Series -* A Future We Want: Understanding What is Possible** on online evening with Dr. Melanie Hoffman of Drawdown Alberta. Saturday, January 29 at 7:00 pm. Open to the public by donation. [www.starofthenorth.ca/climate-hope](http://www.starofthenorth.ca/climate-hope)

**Bridges to Contemplative Living: Living Your Deepest Desires** an introduction to Thomas Merton and the journey toward spiritual transformation with Anita Allsopp. Nine Wednesday sessions from 1:00-3:00 pm starting February 2. Online or in-house cost $145. [www.starofthenorth.ca/bridges](http://www.starofthenorth.ca/bridges)

***French Retreat -* Cheminer avec l’apôtre Philippe** avec Sœur Catherine Grasswill. Weekend Retreat, February 4-6. Cost: Live-in $250; Commuter $180; Online $90 [www.starofthenorth.ca/philippe](http://www.starofthenorth.ca/philippe)

**The Cost of Colonialism; The Joy of Jubilee** with Steve Heinrichs. Weekend Retreat, February 11-13. Cost: Live-in $250; Commuter $180; Online $90 [www.starofthenorth.ca/jubilee](http://www.starofthenorth.ca/jubilee)

**Hear the Word of God and Do it Living in the Word**—

Living in a world of noise, we must be always cultivating, with the help of God's grace, an inner stillness in which we are disposed to hear & be transformed by the Word of God. If this is not already our practice, I ask that each of us make time each day for a prayerful listening to the Word of God. (Archbishop Smith, Pastoral Letter, Sept 14/17

**CATHOLICS ON CAMPUS AT MACEWAN UNIVERSITY**

CCMU is back for the Winter 2022 semester. We will be running Discovery, Source, Growth, And Trust faith studies through MacEwan and the University of Alberta. To register for faith study this semester, visit ccofaithstudies.ca and select the MacEwan campus. If you already did this last semester, please do it again so we have your updated availability. If you have any questions or are interested in leading a study this semester, shoot us a message at ccmu2019@gmail.com

**Catholic Students' Association**

St. Joseph's College partners with the Catholic Students' Association to provide students with opportunities to connect in small groups, retreat settings, lectures and social gatherings all focused on the tenets of the Catholic faith.

The CSA is open to all U of A students, regardless of religious background. This week, the CSA has Rosary, Morning Prayer, and of course Student Mass.

CRUNCH ON CURIOSITY is a series that is designed to bring us deeper in faith. There is no cost. The zoom link will be sent upon registration. (All sessions, via Zoom, are Thursdays from 6-7 pm):

Jan 27 - The Synodal Process- Dr. Eugenia Pagnotta-Kowalczyk

Feb 3 - Contraception - Theresa Robinson and Dr. Mona-Lee Feehan

Feb 10 - Vatican II- Informed conscience and dissent. -Dr. Peter E. Baltutis, Ph.D.

Feb 17 - The Pope and the church-- Papal infallibility, resignation

For updates on CSA activities, please follow the CSA on [***Instagram (@uofacsa)***](https://r20.rs6.net/tn.jsp?f=001Arv5MHJJPguuB1hVMyNlbZ_4o4JwuvmfyDJbINZIvUStprEKr27ObPQB0B0LxSj4IAfFn1BOpmkwW92aAvxC1u7Hj6nuFff2Tg0xUYet4PCULpKREXUlQOnJJy-SWFTX04PxM4z9JWqLfTto42B1KrcjPnVCIVAH&c=3t1RPSiIRKRjO9Q1GNne3ODC8YHXf_rvWXEblaqoDzzCzzZAFppY3w==&ch=BOFsCxQYK1x1Fnpd4tyvmZZ_qH2ZNKjFKtrbzqf-EeqaDPDcG0J5Aw==), [***Facebook (uofacsa)***](https://r20.rs6.net/tn.jsp?f=001Arv5MHJJPguuB1hVMyNlbZ_4o4JwuvmfyDJbINZIvUStprEKr27ObPQB0B0LxSj42aacq0muInmKblwlO6b1aR7GoJrnkj6TvUIoYe2XBTcDE2Szoj0oJ9aPW9cv5OZwlPzCkSWsE2Nv6UyBu3QKCTm3QSQhzn4W&c=3t1RPSiIRKRjO9Q1GNne3ODC8YHXf_rvWXEblaqoDzzCzzZAFppY3w==&ch=BOFsCxQYK1x1Fnpd4tyvmZZ_qH2ZNKjFKtrbzqf-EeqaDPDcG0J5Aw==) and subscribe to our weekly newsletter (***sjccm@ualberta.ca***)

**Who Am I To Judge?: Understanding and Defending the Catholic Moral** **Vision**

**Saturday, February 5 | 12:00 – 4:30 pm**

**LIVE ONLINE VIA ZOOM**

What is “right” and “wrong”? Is there a right and wrong for everyone, all the time? These are difficult questions. We live in a society that supports the opinion that each person should make up his or her own morality. In this half-day workshop, you will learn how to talk about morality in a relativistic world through a series of four video talks by Dr. Edward Sri:

**Talk 1:** “Don’t impose your morality on me!”

**Talk 2:** Engaging moral relativism

**Talk 3:** “I disagree" doesn’t mean "I hate you.’”

**Talk 4:** Exposing the Mask: What relativism is often covering up.

Presented by Growing in Faith Together (GiFT) at Our Lady of Perpetual Help Catholic Parish, Sherwood Park. To register and get the Zoom link, contact: Trever at tdblunt529@gmail.com or call 780-467-5470

FREE WORKSHOP – EVERYONE IS WELCOME! You do not have to be a member of OLPH Parish

**FEBRUARY 2022 WORLDWIDE MARRIAGE ENCOUNTER VIRTUAL WEEKEND** Looking for an upcoming Alberta based Weekend? Grande Prairie WWME is hosting a virtual weekend on February 4-6, 2022. This transformational encounter will take your marriage from good to great! Is it time for the two of you to do a weekend renewal or encourage those in your family, social or work circle to register for the weekend? Virtual weekends make it easy to relax from the comfort of your own home. You can even invite friends from another province, state or country to join you virtually for the weekend. Visit the www.wwme.org website to register.

**Prayer for the Afflicted People of Ukraine in Time of War**

O Lord Jesus Christ, our God,

we entreat You to hear the earnest prayer of Your beloved Church of Kyivan Rus’

for her deeply afflicted children abiding in the land of Ukraine.

Behold their grave sorrow and grievous plight,

and speedily come to their aid.

Deliver Your vulnerable people from unjust aggressors, foreign invasion and the terror of war. Strengthen courageous defenders of the nation to fight virtuously,

inspired more by love of those they protect than hatred of the enemy.

O compassionate Lord, shelter the displaced, heal the wounded, console the orphan,

protect the widow, comfort those who mourn,

and mercifully receive into Your Kingdom

those who have nobly died guarding their homeland against every aggression.

Quickly make cease the spilling of blood of friend and foe alike,

yet stir many to bravely struggle for that true justice which alone can bring lasting peace.

O kind-hearted Lord, as You are our peace,

soften the hearts of the unmerciful

and convert those who promote hostilities toward reconciliation,

so that Your beloved children of the land of Ukraine,

may abide in that tranquility, justice and freedom which reflects your Kingdom,

where You reign with Your eternal Father, and Your most holy, good and lifegiving Spirit, now, and forever and ever. Amen

A mother went to KFC to get her child something to eat. They wanted the kids meal with a leg So she said, “Kids meal with the leg” and the KC employee said “which side.”

Complete silence as the mother contemplated such an odd decision.

“I guess the right side, I don’t know what the difference is.”

After several moments of laughter she say “no honey which side would you like to go with the leg? “mashed potatoes or wedges.”