**Mass Intentions**

Sunday, February 11th – 11:00 a.m. ✞ Collette Morrison

Thursday, February 15th ✞ Josceline Hinse

**Our Lady of the Hill K of C**  Sobey/Safeway and No Frills Grocery Cards are once again available at the back of the church.

Please join us on **Tuesday, February 13th** for the Shrove Tuesday **pancake supper** from **6:00 p.m. – 8:00 p.m**.  St. Vital Church basement – by the Knights of Columbus – fundraising for K4J, amount per person $4.00 or $20.00 per family.

“ The Knights of Columbus will be having their pancake breakfast fundraising on Feb. 18 after the 9:00am and 11:00am masses.  Please come and join us.  Thank you.  “

**COUNTDOWN FOR LENT We will enter into the liturgical season of Lent February 14th. Lent is a time for prayer and penance, for almsgiving and service, for working to change attitudes that are not life-giving and to turn back to God with an open heart.**

**ASH WEDNESDAY**

The ashes used for Ash Wednesday are made from the blessed palms used in the Palm Sunday celebration of the previous year. The ashes are christened with Holy Water and are scented by exposure to incense. While the ashes symbolize penance and contrition, they are also a reminder that God is gracious and merciful to those who call on Him with repentant hearts. His Divine mercy is of utmost importance during the season of Lent, and the Church calls on us to seek that mercy during the entire Lenten season with reflection, prayer and penance.

**Ash Wednesday, February 14**

Mother D'Youville School - 9:00 am service

St. Andre School - 11:00 am service

Ecole St. Vital (at St. Vital Parish in french) - 1:00 pm Service

St. Vital Parish - 7:00 pm Mass

**FAST AND ABSTINENCE FROM MEAT**

**On Ash Wednesday and Good Friday**, all Catholics 14 years of age and older are asked to abstain from eating meat and those between 18 and 59 are asked to fast (taking no more than one full meal; two smaller meals are permitted in order to maintain strength). This should be seen as a

joyful act of anticipation as we look forward to the celebration of Easter.

**STATIONS OF THE CROSS** will be held every **Friday (7:00 p.m.) during Lent beginning on Friday, February 16**

**PIE SALE** hosted by the Knights of Columbus and the CWL on **Saturday, February 10th and Sunday, February 11th after masses.** We invite all parishioners to support this event by purchasing one or more of the pies that will be for sale. All proceeds from this pie sale will be going towards the St. Vital’s building fund.

**Day of Confessions**

It doesn't matter if you've been away for a while, it doesn't matter what you have to confess. Drop by the closest Catholic church and experience the grace of God in the Sacrament of Reconciliation. Priests across the Archdiocese are devoting themselves to hearing confessions on **Tuesday, February 20th**

To help prepare, visit  <http://caedm.ca/confessions> for instructions, prayers, resources, and video links.

 **Fr. Arlan will be hearing confessions in his parish office from 10:00 a.m. – 4:00 p.m**

This **Sunday, February 11,** the Church observes **World Day of the Sick,** when we pray in a special way for all those who are sick and suffering, for their families and caregivers, and for all who serve in the healing ministries, following the great example of Christ.

***To Mary, Mother of tender love,***

***we wish to entrust all those who are ill in body, and soul,***

***that she may sustain them in hope.***

 ***We ask her also to help us to be welcoming to our sick brothers and sisters.***

 ***May the virgin Mary intercede for this 26th World day of the Sick;***

 ***may she help the sick to experience their suffering in communion with the Lord Jesus;***

 ***and may she support all those who care for them.***

**Western Canadian Catholic Home School Conference** Anchoring The Family In This Cultural Storm —— March 22-24, 2018 Providence Renewal Centre, 3005 - 119 St. Edmonton, AB For Registration contact Veronica at 780-467-8410 or wcchscreg@shaw.ca

**Camps Registration Open**

Looking for an amazing summer camp experience for your kids? Registration is now open for Camp Encounter and Our Lady of Victory Camp for summer 2018. For more information and to register online, visit [**www.campencounter.com**](http://r20.rs6.net/tn.jsp?f=001yrWgOA0qqPnxMIt11z4h104gjjywdEz7pxG-dErdRkgAmWgfZeQJ4MHay2kBcjLkro6fbQGXEdg2OUu1xydSeVQ-edQ5wn1WYrIeokEBUISEU-pbV4xUzcU1IiU_bEFvF34A6jT0xoVH5gnZN1IEfw==&c=OwzSzHqwfmqYb-_fXoPEsMf73SnpHr59j8BW9vtXO_qa39qjMfVECw==&ch=NecSeKZSMhN963XyIQKmb_cJSLtPKo8wRdW_um6autN6IG0v-uQVaQ==) or [**www.olvc.ab.ca**](http://r20.rs6.net/tn.jsp?f=001yrWgOA0qqPnxMIt11z4h104gjjywdEz7pxG-dErdRkgAmWgfZeQJ4MHay2kBcjLkAPoRwENXC5ZQ5Yx6NY-v249U3NfhmvWdJxR2_fns7n7jaCBc3G6LA_NCsUQldIPGzHDJ4hnkjYE=&c=OwzSzHqwfmqYb-_fXoPEsMf73SnpHr59j8BW9vtXO_qa39qjMfVECw==&ch=NecSeKZSMhN963XyIQKmb_cJSLtPKo8wRdW_um6autN6IG0v-uQVaQ==).

And don't forget -- Archbishop Smith is looking for your thoughts on the youth camps ministry in the Archdiocese. Take a few minutes to fill out the survey at [**https://caedm.ca/CampsSurvey**](http://r20.rs6.net/tn.jsp?f=001yrWgOA0qqPnxMIt11z4h104gjjywdEz7pxG-dErdRkgAmWgfZeQJ4Mq7uXab4Eb9ll0hqLpVmG7hkNzyaCnpFz-AwIcBxhN483vzql7WrBjjvD80Pzefq2RedGCcvhlpCBdNj6B_uNSCPIkOzhnblQ==&c=OwzSzHqwfmqYb-_fXoPEsMf73SnpHr59j8BW9vtXO_qa39qjMfVECw==&ch=NecSeKZSMhN963XyIQKmb_cJSLtPKo8wRdW_um6autN6IG0v-uQVaQ==).



Why not make reservations to your favourite restaurant early. Celebrate with your Valentine on Tuesday, February 13 instead of Valentine’s Day (February 14) Ash Wednesday

**Shadow Box** (Paydown the Debt Donations) will be updated for 2017 donations. If you have not previously given permission for your name to be placed on the Shadow Box and have given donations to Paydown the Debt Fund and would like your name to appear, please call the parish office. Donations of $100 equals one square

**Living in the Word of God**

What message do I communicate to others by my way of living, patterns of thought and speech, or modes of behaviour? Out of concern for reputation or fear of rebuke, do I stay silent when circumstances require that I speak the truth? The Holy Spirit has been given that we might be witnesses. Let us call upon him to provide us with the ability to do so and thus put into practice the Word of God.

(Archbishop Smith, *Pastoral Letter*, *September 14, 2017*)

[https://caedm.ca/Letter](http://r20.rs6.net/tn.jsp?f=001yrWgOA0qqPnxMIt11z4h104gjjywdEz7pxG-dErdRkgAmWgfZeQJ4Eg2tMJrLL4hkniqXajx60XWIRahYygo5rLi5Fr8X99WnJXpmtbMWw_vw7oEgWNY8IVnNZkgigHzUQjCi_EJgHE__7UrdBwQHw==&c=OwzSzHqwfmqYb-_fXoPEsMf73SnpHr59j8BW9vtXO_qa39qjMfVECw==&ch=NecSeKZSMhN963XyIQKmb_cJSLtPKo8wRdW_um6autN6IG0v-uQVaQ==)

**Will you Help to Keep Our Church Clean?** Food and drink is not allowed in the church. We often find various food items throughout the pews and on the floor, including cookies, cereal, gum, candy, candy wrappers, water bottles, and other liquids that cause staining and, worst of all, used Kleenex. The least we can do is to clean up after ourselves. The church is our sacred space, and it is God’s house. We ask that you please respect the church to keep it well kept and clean.

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