

# The Good Knight

*“In Service to One,  
In Service to All”*



Issue 1

February 2023

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**Greetings!** This newsletter is a new publication that is intended not only for Knights and their families, but for all members of St. Vital Parish. It is intended to provide information about past activities as well as upcoming events that are sponsored by Beaumont Knights of Columbus – Our Lady of the Hill Council #13064. In addition, I hope that, in reading *The Good Knight*, you will perhaps learn more about our Catholic faith and be inspired to follow Christ more closely.

February begins with the Feast of the Presentation of the Lord, also known as Candlemas. It is celebrated on February 2, forty days after Christmas. On that day we remember Mary and Joseph bringing Jesus to the temple in Jerusalem, to consecrate their first-born son to the Lord, as was the custom. There they met the elderly Simeon, who simply wanted to live long enough to meet the Savior. The widowed prophet, Anna, was also present. Upon seeing Jesus, she praised God and spoke about Jesus to others (Luke 2: 22-40). For this reason, Anna is said to be the first evangelist.

As Knights, we are committed to the exemplification of charity, unity, fraternity, patriotism, and to the defense of the priesthood. Our order is consecrated to the Blessed Virgin Mary and is firmly committed to the protection of human life, from conception to natural death, and to the preservation and defense of the family. By our very example, by the values we courageously uphold, we too are evangelists, like Anna. Evangelization is the invitation to ‘come and see’ who Jesus is and establish a relationship with Him. To that end, feel free to share this newsletter with anyone who may appreciate it.

Thank you for reading *The Good Knight*.

Louis Kloster, Editor and Current Grand Knight

## Important Dates

### February 2023



- 2 Feast of the Presentation of the Lord
- 8 Knights of Columbus executive meeting by Zoom
- 11 Feast of Our Lady of Lourdes;  
family prayer service at grotto
- 15 Knights of Columbus general meeting in parish hall
- 19 KC-sponsored Spaghetti Dinner at Beaumont  
Community Centre (No pancake breakfast)
- 20 Family Day
- 22 Ash Wednesday (Lent begins.)
- 26 Family Faith Formation & Fellowship @ 12:15 p.m.

## You Asked ...

*Why do we traditionally eat pancakes on Shrove Tuesday, the day before Ash Wednesday?*



In Medieval times, the period between the Epiphany and Ash Wednesday evolved into a time of Carnival as people attempted to experience all that they would miss during Lent. This culminated in events on Shrove Tuesday. Nowadays, in New Orleans and in Rio de Janeiro, Brazil, the Mardi Gras (Fat Tuesday) erupts in wild festivities and street parades. In some countries, pancakes were made to use up all the butter, fats and oils in the house prior to Lent. Ingredients took on symbolic meaning: flour (staff of life), milk (innocence), eggs (rebirth), and salt (wholesomeness).

The word ‘Shrove’ originates from the word ‘shriven’, meaning ‘absolved of one’s sins. It was an early custom for Christians to be shriven, that is, *assigned a penance* before Lent.

**Please note** that there will be no pancake breakfast in February. Instead, the Knights are hosting a spaghetti dinner on Sunday, February 19. More details are provided on page 2.

# The Good Knight

## RECENT ACTIVITIES

### Keeping Christ in Christmas

The Knights of Columbus once again sponsored a coloring contest to promote the theme of 'Keep Christ in Christmas'. The winning entries were displayed at the entrance to the church. First (\$20.00), second (\$10.00), and third (\$5.00) place prizes were awarded in each of these categories: Grades 1 – 3, Grades 4 – 6, Grades 7 – 9. Thanks to all who participated, and congratulations to our winners.



### K of C & CWL Pot Luck Supper

The Knights and the CWL, as well as their families, gathered in the church basement for a Pot Luck Supper on January 14, 2023 following the 5:00 p.m. Saturday Mass. There was no formal program. It was simply an opportunity to 'break bread' with others who share a common mission in serving our parish.

## UPCOMING EVENTS

### Spaghetti Dinner

The Knights are hosting a spaghetti dinner for St. Vital Parish on Sunday, February 19, 2023. The event will take place at 5 p.m. at the Beaumont Community Centre. Bro. Joe Stack is the chairperson of this event and has gathered a host of volunteers to assist with food preparation, serving of food, set-up and clean-up of the hall. The cost will be \$10.00 per person and \$40.00 per family. Following dinner a fun activity is being planned to involve the families. Tickets are available



at the Knights of Columbus gift card table at every mass.

### Comments & Suggestions

To offer feedback, or to submit photos or suggestions for future issues of *The Good Knight*, contact Louis Kloster at [lpkloster@gmail.com](mailto:lpkloster@gmail.com).

### Have You Heard This One?

A surgeon, an engineer and a politician were arguing over which was the oldest profession. The surgeon said: "The Bible says Eve was made by carving a rib out of Adam. I guess that makes mine the oldest profession."

"Not at all", said the engineer. "In six days the earth was created out of chaos, and that was an engineer's job."

At that, the politician then spoke up, "Not so fast, my friends. You're forgetting who created all the chaos."

### Birthdays in February

We send our greetings to the following Knights who are celebrating birthdays this month:

- February 2 Roger Tessier
- February 2 Maurice Potvin
- February 6 Han Wei Yang
- February 6 Bill de Groot
- February 11 Bryan Pueschel
- February 26 Jeremy Bujold
- February 27 Kurt Helgoth
- February 27 Louis Kloster



### Anniversaries in February

- February 18 Bryan and Diane Pueschel
- February 22 Josemon and Nethu Varghese

May you be blessed with many more years of enduring love and happiness.

**TO FORGIVE IS HUMAN,  
TO FORGET IS DIVINE.**

James Grand

### Knight of the Month

Each month, our council recognizes an individual Knight who has contributed to the council and the parish in remarkable ways. This month was honor Bro. Ted Kotylak. Ted is a 'jack of all trades', and he generously gives much of his time to the maintenance and upkeep of the church. You may see him repairing broken pews, clearing snow in the parking lot, or making sure that the cooking area in the basement is meeting the required standards.



# The Good Knight

## Word of the Month:

### Sin

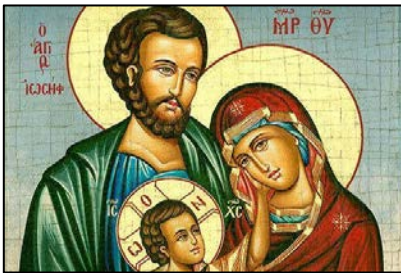
We don't always like this word; it makes us seem like bad people. In fact, we are good people; we just sometimes do bad things. The word *sin* derives from the Greek word *harmatia*, which means 'to miss the mark'. Undoubtedly, each of us misses the mark sometimes. We fail to love God and neighbor as we should. We aim to do good, but fall into temptation and do or say something that hurts our relationship with God and with others. A sin of omission is a failure to do what is good and right.

The word 'sin' also appears to be rooted in Latin, where it means 'guilty'. The meaning would appear to be, "it is true;" that is, "the charge has been proven." Let's be honest ... we are sinners! And, through the mercy of God, we are also forgiven and destined to be saints.

## Striving to be Like the Holy Family ...

### Yeah, Right!?

~ Louis Kloster



Dating back to the 17<sup>th</sup> century, February has traditionally been dedicated to the Holy Family: Jesus, Mary, and Joseph. In them, we have the perfect model of the family; we are inspired by their virtuous lives.

The first Sunday after Christmas is always the Feast of the Holy Family (except for years when Christmas falls on a Sunday). We are reminded then, and during the month of February, to follow the example of Mary, Joseph, and Jesus. We are reminded to strive for holiness within our family. Yeah, right!! Joseph was a saint, Mary was without sin, and Jesus ... well, He is God's own Son. How can we possibly follow their example??

Well, the Holy Family was not without its challenges, difficulties, and misunderstandings. We know very little about Jesus' growing years and his family life. We do know, however, that Mary gave birth in a stable. The family had to escape from Herod and find refuge in another country, and as a young adolescent, Jesus went missing and, three days later, was found in the temple in Jerusalem. This was not ideal family life. And that's why we can try to model our family life after them ... because our lives are typically fraught with challenges too.

We are called to imitate the Holy Family. We are called to holiness ... to love ... to grow in these respects *together*. What does that mean practically for us and our families? It doesn't mean to do grandiose, extraordinary things, but to do the everyday things with love: to forgive each other and give countless second chances, to share, to console in times of sadness and to celebrate in times of joy, to encourage and to bless, to teach them, to help with homework, to discipline with both kindness and firmness, to spend lots of time together, to work together and play together, to pray together, to endure struggles together, to hug and kiss, to try to keep our promises.

Last August my parents celebrated their 67<sup>th</sup> wedding anniversary ... sixty-seven years of family life. As a family, we



were far from perfect, and 'holy' wouldn't be the first word I would think of to describe us. But in hindsight, I recognize numerous examples of sacrifice on the part of my parents, for the sake

of their children. They sacrificed material possessions. They taught us right from wrong. They taught faith by their own example. I can think of countless, thankless duties such as washing clothes in an old wringer washer (in which I would sometimes catch my fingers), cooking meals and trying to make the most of food coupons, taking us on holidays and sleeping – with five young children – in a heavy canvas tent, quizzing us on our spelling lists while ironing our clothes, and disciplining us for an array of misbehaviors. In each of these ways, my parents expressed their unconditional love, reliable support, and continuous concern for the happiness and well-being of their children. Does that sound familiar? It should.

When you can recognize these family 'virtues' ... when you can see past the fighting, the hecticness, the menial tasks, the demands of children (and grandchildren), and our own inadequacies and mistakes, you should be able to see the hand of God leading you – as a family – towards holiness ... towards happiness ... towards heaven. We are a work in progress: 'holy families in the making'.

As a new year begins, this is an ideal time for families to renew their commitment to grow in faith and to prepare what I call a 'spiritual growth plan'. Some important and obvious areas to consider:

- Family prayer
- Scripture reading
- Church attendance
- Volunteer service

Consider the Family Faith Formation & Fellowship sessions offered on the last Sunday of every month at 12:15 p.m.

## Family of the Month

Our council also recognizes a family in the parish that serves the faith community in significant ways. Dennis and Adelle Madu are deserving of this honor. Dennis assists with numerous projects throughout the year, most



recently the setting up and taking down of the outdoor Nativity set in front of the church. He serves where needed, even ensuring that the front steps of the church are free of snow. Adelle is a frequent proclaimer at Mass and also sings in the Resurrection choir. We appreciate all they do for our parish.

# The Good Knight

## Council #13064 Executive Officers 2022-2023

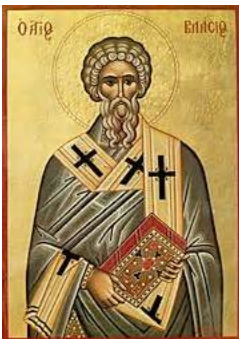
Grand Knight	Bro. Louis Kloster
Deputy Grand Knight	Vacant
Chancellor	Bro. Chris Oster
Recorder	Bro. Vincent deRuitter
Treasurer	Bro. Joe Lauer
Advocate	Bro. Joe Stack
Warden	Bro. Joe Mahe
Inside Guard	Bro. Jean Boucher
Outside Guard	Bro. Dennis Madu
Trustee 1 <sup>st</sup> Year	Bro. Pierre Vermette
Trustee 2 <sup>nd</sup> Year	Bro. John deRuitter
Trustee 3 <sup>rd</sup> Year	Bro. Sid Eriavaz
Chaplain	Fr. Arlan Parenteau
Financial Treasurer	Bro. Paul Weisenberger

## Did You Know ...?

The Order of the Knights of Columbus is the world's largest Catholic fraternal service organization. Founded in the United States in 1882, by Fr. Michael J. McGivney, it is named in honour of explorer Christopher Columbus and dedicated to the principles of Charity, Unity, Fraternity, and Patriotism. In the months ahead, we will explore these principles and other virtues and values that the Knights hold dear.



## Saint of the Month: St. Blaise



St. Blaise lived in Armenia in the 4th century. He was a doctor, who cared a lot for his patients. As a young man, he often thought about the sufferings of others.

Although he enjoyed being a doctor, he realized that, in order to be 'well', people needed spiritual joy in their lives. He became a priest to teach others about God's love. He later became a bishop. Blaise worked to make his people happy and holy, preaching to and praying for them.

When the governor of that time began to persecute Christians, Blaise was captured and sent to prison. On the way to prison, a crowd gathered to see their beloved bishop one more time. A woman brought her young son to Blaise. The child was choking to death on a fishbone. Blaise whispered a prayer and blessed the boy. The child's life was miraculously saved. St. Blaise was beheaded in 316 A.D.

Today, St. Blaise is called upon by all who have throat diseases. We still have the "blessing of the throats" on the feast of St. Blaise, which is February 3. The priest uses two crossed candles, as in the photo, and prays that we may be protected from sicknesses of the throat.



## Liturgical Matters

*Why do we bless ourselves with holy water when we enter a Catholic church?*

We bless ourselves with holy water to remind us of our Baptism, when we were welcomed into God's family. By making the sign of the cross on our head, heart, and shoulders, we are reminded of God's great love for us, a love so great that he would send His only son, Jesus, to die for the forgiveness of our sins. Water is a symbol of life, and blessing ourselves with holy water reminds us of the 'living water' that God offers us and His promise of everlasting life ... salvation.

## The Good of the Order

Every month the Knights pray for the sick in the parish as well as relatives and friends who are in need of God's help. We call this the Good of the Order. This month we are remembering the following in our prayers:

• Fr. Arlan Parenteau	Ongoing situation
• Guilbert Bérubé	Tumor in Eye
• Diane Fair	Stroke
• John Kloster	Stroke recovery
• Urbain Laboucane	In hospital
• James Oster	Deceased
• Albertine Porter	Cancer
• Jean Marc Vermette	Prostate cancer
• Maureen Whenham	Chemotherapy treatment

We invite you to include the above in your daily prayers.

## A Prayer for Family Day

God bless our family. Make it be like the family of your Son. May our moments of sorrow give way to seasons of joy. May the memory of harsh words fade before the warmth of a loving touch. May there never be pain that a kind embrace cannot lessen. May the tears of sorrow always be replaced by the music of laughter. May resentment be banished from our home and forgiveness reign in our hearts. Today and every day, let the only living thing that is stronger than the love that binds our family together be your love, O God, which makes all creation one.

Let it be, God, until that day when your gentle guidance brings each of us to our eternal home and your loving arms. Amen.

Rev. Paul J. Keller, CMF



## You Were Wondering ...

*How does the Church determine when Lent begins?*

The date is dependent upon when Easter falls each year. Easter, the holiest of feast days, is always on the first Sunday after the first full moon after the spring equinox. The first Sunday of Lent begins six weeks prior. This year, Easter falls on April 9, 2023 ... and Ash Wednesday on February 22.